

## FOR IMMEDIATE RELEASE:

## NURSTEAD CONSULTING TO CREATE MOBILE CRISIS RESPONSE TEAMS

Mobile Crisis Response Teams to be created for coverage in Curry and Roosevelt County, New Mexico

**Clovis, New Mexico -** The New Mexico Human Services Division has contracted with Nurstead Consulting Services & Mental Health to assist in the creation and implementation of Mobile Crisis Response Teams to provide on-scene crisis service in Curry and Roosevelt County, New Mexico.

The creation of Mobile Crisis Response Teams will assist law enforcement and first responders with the current mental health crisis that exists in Eastern New Mexico. Mobile Crisis Response Teams provide in person support and crisis intervention to anyone within a service area experiencing a suicidal thoughts, psychosis, and other mental health crises. District Court Judge Benjamin Cross said in his letter of support, "we are a rural community in eastern New Mexico and we have underserved populations, mobile crisis teams are needed in our area." Nurstead has been working with local law enforcement, fire departments, and EMS to develop agreements to shift the current law enforcement led response to one which is behavioral health led. "By changing from law enforcement to behavioral health led, we can shift the outcomes by responding to, intervening in, and resolving mental health and substance use crises, and our goal is to help create better outcomes and reduce suicide rates here in Curry and Roosevelt counties", said Nurstead Consulting Services & Nurstead Mental Health CEO, Justin Nutt.

What does the full process of response look like once in place? Individuals who are in mental health crisis and contact 988 and are assessed as in need of or who request an in-person response, a mobile crisis team clinician will be dispatched to meet with the individual. In other cases, local law enforcement or emergency services may encounter individuals who are experiencing a mental health crisis, and the first responders can contact the on-call line to activate the Mobile Crisis Response Team for assistance.

Our staff have received specialized training in mental health and substance use identification, crisis response and intervention, de-escalation, and suicide prevention. Starting August 14, 2023, Mobile Crisis Response Teams will be available for response 24 hours a day, 365 days a year in Curry and Roosevelt County to assist community members in mental health crises.

## About Nurstead Consulting Services and Nurstead Mental Health

Nurstead Consulting Services is a behavioral health consulting and training firm based in Clovis, New Mexico. Nurstead Consulting Services' focus in training is on mental health, substance use, ethics, leadership, and wellness, and provides training to a wide array of first responders, clinical staff, and business sectors. Nurstead Mental Health performs direct service in behavioral health providing follow up services for individuals seen in crisis, intensive outpatient therapy for substance use and other addiction assessment and treatment services, peer support services, and comprehensive community support services.