



**FOR IMMEDIATE RELEASE:**

**NURSTEAD MENTAL HEALTH & CONSULTING SERVICES CONTRACTED BY THE  
STATE OF NEW MEXICO TO PROVIDE TRAINING TO CORRECTIONS FACILITIES**

Clovis, New Mexico – Nurstead Mental Health & Consulting Services has been contracted by the state of New Mexico to provide crisis communication, intervention, and suicide prevention training to New Mexico correctional facilities and detention centers. The training created by Nurstead CEO Justin Nutt, LCSW and training consultant Robert Horstman, MA, PhD(c) is designed to teach correctional officers crisis intervention techniques as well as suicide prevention and intervention techniques when working with detainees. Additionally, this training will address suicide prevention and crisis experienced by correctional officers. In multiple research projects across the nation, findings show the suicide rate for correctional officers is 39% higher than the national average for the working population. This rate is twice that of police officers and the general public. Nutt stated, “this training focuses on advanced crisis intervention and crisis communication tactics that are proven to help manage detainee crisis and reduce suicide and violence in corrections settings. When we address this, we reduce stress and trauma for correctional officers, but this training addresses the mental health and suicide rates of corrections officers by also teaching effective techniques related to self-care and healthy coping for first responders and corrections officers.”

**About Nurstead Mental Health & Consulting Services**

Nurstead Consulting Services is a behavioral health consulting and training firm based in Clovis, New Mexico. Nurstead Consulting Services’ training focus is in topics of crisis intervention, mental health, substance use, ethics, leadership, and wellness, and provides training to a wide array of first responders, military, clinical staff, and business sectors. Nurstead Consulting Services also performs direct service in behavioral health with a focus on crisis response and has responded to some of the largest crisis events of the past decade and worked directly for numerous Fortune 50 companies. Nurstead Mental Health is the direct service arm of Nurstead Consulting Services, which provides mobile crisis services, peer support, outpatient counseling, drop-in center services, and addiction treatment options which are offered throughout the state of New Mexico.

For information on contracting Nurstead Consulting Services for training contact [info@nurstead.com](mailto:info@nurstead.com)