



FOR IMMEDIATE RELEASE:

**NURSTEAD MENTAL HEALTH & CONSULTING SERVICES FIRST RESPONDER CRISIS
AND MENTAL HEALTH CONFERENCE – FREE TO ALL ATTENDEES**

Clovis, New Mexico – Nurstead Mental Health & Consulting Services has announced plans to hold a First Responder Crisis and Mental Health Conference in Clovis, NM. Nurstead plans to offer free attendance to all first responder attendees. This conference will focus on two key areas that all first responders face, mental health, crisis intervention, and suicide prevention in professional work, and first responder stress reduction, resiliency, and wellness in their own lives. A retired police chief who requested to not be named stated, “Many departments have to choose, there aren’t good options in the Southwest for crisis intervention or resiliency training for first responders and the cost makes it hard to send them back east. Cities have to choose between no training and budget constraints and that generally plays out in favor of saving money, this gives a legitimate option for high impact training without high impact to the department’s budget.”

Nurstead’s Crisis and Mental Health Conference Registration is now open and they are projecting and planning for up to 500 attendees at the conference with confirmed attendees from across New Mexico and multiple other states. Nurstead CEO reported “We have yet to set the schedule of events, but it will be a packed three days. We will address crisis intervention and de-escalation, agency culture, suicide intervention and prevention, first responder resiliency in natural disasters, and a number of other topics. We also are looking at events such as a downtown concert and we have booked Vinnie Montez, an active police officer and standup comedian. We want to not just talk about the hard things, but embrace the resiliency aspect within the event.”

About Nurstead Mental Health & Consulting Services

Nurstead Consulting Services is a behavioral health consulting, training and treatment company based in Clovis, New Mexico. Nurstead Consulting Services’ training section focuses on the topics of crisis intervention, mental health, substance use, ethics, leadership, and wellness, and provides training to a wide array of first responders, military, clinical staff, and business sectors. Nurstead Mental Health is the direct service arm of Nurstead Consulting Services, which provides mobile crisis services, peer support, outpatient counseling, drop-in center services, transitional and sober living, and addiction treatment options which are offered throughout the state of New Mexico.

For more information on the conference or to register as a vendor or attendee visit:

<https://nurstead.com/first-responder-crisis-conference/>