



FOR IMMEDIATE RELEASE:

**FIRST RESPONDERS FROM 21 STATES ATTEND NURSTEAD'S FIRST RESPONDER
CRISIS AND MENTAL HEALTH CONFERENCE IN CLOVIS, NM**

Clovis, New Mexico – Nurstead Mental Health & Consulting Services hosted a First Responder Crisis and Mental Health Conference in Clovis, NM on February 25-28, 2026. In attendance at this conference were first responders from 21 US States as well as attendees from Canada. The three days of sessions included Basic Crisis Intervention, Crisis Communication, Suicide Intervention & Prevention, and more that focused on Crisis and Mental Health while in the field, and sessions addressing first responder Suicide Prevention, Trauma and PTSD, Meditation and Relaxation, Wellness, and Organizational and Operational Stress in Law Enforcement helping first responders and their leadership address the trauma they experienced on the job and that is carried with them were also held. In addition to the training sessions, Nurstead's conference included networking and social event including a preconference reception with food and drinks along with a cigar event sponsored by Micallef Cigars, a live music performance by local group Brannon Oliver & Company, and a closing day lunch hosting a live performance by Vinnie Montez, an active police officer and standup comedian who is part of the Heroes Off Duty comedy tour. Nurstead CEO Justin Nutt stated, "too often we only focus on talking about how to build positive peer networks and reducing stress through those connections. Our plan for this conference and future ones is to normalize putting that 'talking' into action and making sure they leave with knowledge and practice."

Beyond the training sessions, networking opportunities, and wellness events, in connection with the conference, Nurstead provided over 400 doses of NARCAN to first responders in attendance, and 120 meals to on-duty local first responders in Curry County who were unable to attend due to work schedules.

About Nurstead Mental Health & Consulting Services

Nurstead Consulting Services is a behavioral health consulting, training and treatment company based in Clovis, New Mexico. Nurstead Consulting Services' training section focuses on the topics of crisis intervention, mental health, substance use, ethics, leadership, and wellness, and provides training to a wide array of first responders, military, clinical staff, and other sectors. Nurstead Mental Health is the direct service arm of Nurstead Consulting Services, which provides mobile crisis services, peer support, outpatient counseling, drop-in center services, transitional and sober living, and addiction treatment options which are offered throughout the state of New Mexico.