



FOR IMMEDIATE RELEASE:

**NURSTEAD MENTAL HEALTH & CONSULTING SERVICES ANNOUNCES ADDITION OF
NEW PROGRAM SERVICES IN NEW MEXICO’S TENTH JUDICIAL DISTRICT.**

Tucumcari, New Mexico – Nurstead Mental Health & Consulting Services announced their newest expansion will be focused on expanding services provided to Quay, De Baca, and Harding County, New Mexico. The expansion will create additional services for highly underserved areas of New Mexico. Nurstead announced they have purchased a property in Tucumcari where outpatient therapy, Intensive Outpatient (IOP), and Drop-In Center Services such as case management, Comprehensive Community Support Services (CCSS), peer support, and assistance with resources will be available. The expansion will also include the addition of a new Sage House location, which is Nurstead Mental Health’s housing program connected to their Transitions Program. Nurstead’s Sage House and Transitions Program work together, from a housing first approach, to help homeless individuals and individuals newly released from correctional settings build independent living skills and coping skills to support substance use and mental health recovery to help individuals transition to stable independent living after graduation from the program.

Additionally, Nurstead has begun planning the expansion of Mobile Crisis Team (MCT) service, currently offered in Curry and Roosevelt County, New Mexico, to provide on scene crisis response services to Quay, De Baca, and Harding County. The planned expansion will make Nurstead the largest MCT provider in the state of New Mexico with Nurstead’s teams covering over 11,000 square miles of eastern New Mexico. Quay County Magistrate Judge Noreen Hendrickson stated in a meeting of the Tenth Judicial District Mental Health Committee, “the expansion of these services is something that has been discussed for many years, and something we need to help those in need in our communities.”

About Nurstead Mental Health & Consulting Services

Nurstead Consulting Services is a behavioral health consulting, training and treatment company based in Clovis, New Mexico. Nurstead Consulting Services’ training section focuses on the topics of crisis intervention, mental health, substance use, ethics, leadership, and wellness, and provides training to a wide array of first responders, military, clinical staff, and other sectors. Nurstead Mental Health is the direct service arm of Nurstead Consulting Services, which provides mobile crisis services, peer support, outpatient counseling, drop-in center services, transitional and sober living, and addiction treatment options which are offered throughout the state of New Mexico.