



FOR IMMEDIATE RELEASE:

**NURSTEAD MENTAL HEALTH & CONSULTING SERVICES HOSTING FIRST RESPONDER
CRISIS AND WELLNESS CONFERENCE IN LAS CRUCES**

Las Cruces, New Mexico – Nurstead Mental Health & Consulting Services is hosting its second New Mexico First Responder Crisis and Wellness Conference in Las Cruces, NM September 28 – September 30, 2026. Nurstead reported that they will build upon their most recent conference in Clovis, NM where first responders from 21 States and two Canadian provinces in attendance. Robert Horstman, a member of the Nurstead Trainer Cadre stated, “The Clovis conference was a homerun, now we are taking what was learned and building on that success, bringing back many of the same trainers and adding additional ones to give the full spectrum of first responder wellness.” The conference will focus on two sides of first responder work and crisis: first responder skills dealing with crisis in the field while on the job, and addressing wellness for first responders at home and off the job. Chief Jeremy Story of the Las Cruces PD will be the conference opening keynote speaker on Monday. Chief Story has spoken extensively about Law Enforcement Office wellness, making it a top priority since taking command of the Las Cruces Police Department in December 2023.

In addition to the trainings, vendors, and other items that are standard at conferences Nurstead CEO Justin Nutt stated, “We plan to continue the practice of making the conference fun, not just learning and work. Afterall if we are talking about how do you prevent, reduce, and address stress and not putting it into practice then we are adding to the issue not reducing it.” Nurstead plans to have several items connected to the conference, an event at a local winery, local live music, and other networking events that allow for first responders to connect with each other and create a network of support and resources for learning from other departments.

About Nurstead Mental Health & Consulting Services

Nurstead Consulting Services is a behavioral health consulting, training and treatment company based in Clovis, New Mexico. Nurstead Consulting Services’ training section focuses on the topics of crisis intervention, mental health, substance use, ethics, leadership, and wellness, and provides training to a wide array of first responders, military, clinical staff, and other sectors. Nurstead Mental Health is the direct service arm of Nurstead Consulting Services, which provides mobile crisis services, peer support, outpatient counseling, drop-in center services, and more in Eastern New Mexico and across the state.