Nurstead
Mental Health &
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FOR IMMEDIATE RELEASE:

NURSTEAD MENTAL HEALTH & CONSULTING SERVICES CONTRACTED TO IMPLEMENT OVERDOSE PREVENTION STRATEGIES IN FIVE NEW MEXICO COUNTIES

Clovis, New Mexico – Nurstead Mental Health & Consulting Services has been contracted by the New Mexico Department of Health to implement innovative Overdose Prevention strategies in five counties of New Mexico. Nurstead has executed a contract with the Injury and Behavioral Epidemiology Bureau of the Public Health Division of DOH to provide training and reduce barriers to Naloxone to Curry, Roosevelt, Quay, DeBaca, and Guadelupe County. DOH approved the submitted plan to create "Hope Boxes" and provide overdose prevention training within these communities. Nurstead CEO Justin Nutt, LCSW stated "the idea is simple; we want to eliminate all barriers to Naloxone by creating what we called 'Hope Boxes' which will be similar to 'Blessing Boxes', the small free food pantries that anyone can access with no questions or requirements, our 'Hope Boxes' are designed to give easy, free access to Naloxone without the need to provide personal information, answer questions, or even interact with another person."

"BMC Public Health reviewed community distribution programs and found an overdose survival rate of 98.3% when naloxone was administered by trained individuals who use drugs, and a 95% survival rate when given by family or community members." Additionally, according to Recovery Research Institute, "Community-level research indicates that distributing 100 to 250 free naloxone kits per 100,000 people correlates with a 46% drop in opioid overdose mortality." Nurstead's belief is that pairing overdose prevention training for community members with free zero barrier access to Naloxone will help reduce overdose in counties with some of the highest overdose rates in the state of New Mexico.

About Nurstead Mental Health & Consulting Services

Nurstead Consulting Services is a behavioral health consulting, training and treatment company based in Clovis, New Mexico. Nurstead Consulting Services' training section focuses on the topics of crisis intervention, mental health, substance use, ethics, leadership, and wellness, and provides training to a wide array of first responders, military, clinical staff, and other sectors. Nurstead Mental Health is the direct service arm of Nurstead Consulting Services, which provides mobile crisis services, peer support, outpatient counseling, drop-in center services, transitional and sober living, and addiction treatment options which are offered throughout the state of New Mexico.